#### **DAILY SAFETY - SANITATION PRACTICES**

As per BCCDC, WORSAFE BC, PHO and PSE guidelines:

### Daily Practices - Safety - Sanitation- for Personal and Facility

- Wash hands before and after each service
- Wash hands before leaving washroom, before and after breaks,
- During the day assigned individual sanitize beds, chairs, tables, door handles, light switches, high traffic areas, furniture, and high traffic areas.
- Lysol wipes, Cavi wipes, Bleach solution 500 to 1000ppm, alcohol 90%
- If any student or staff member become sick while at the facility, they will be asked to leave immediately.
- Staff member or student that is sick will be asked to stay home until symptoms are completely gone
- Staff or student will be asked to self- isolate for 14 days if coming back from an international destination unless if they have their 2 covid shots
- Staff or student that was exposed to a covid-19 infected person will be asked to self- isolate for 14 days before coming back to our facility
- Social distancing of 6 feet will be respected, when not able to distance the mandatory mask, face shield, gloves will be used by individuals performing treatments.

#### STEPS TO FOLLOW UPON ENTRY INTO ESTABLISHMENT

- Put face mask on (If covid outbreak and asked by Fraser Health Officer)
- Go wash hands
- Sanitize hands
- Go over Covid- 19 health watch check list
- Touchless thermometer for forehead
- Put face shield and mask on (mandatory only when performing procedures on models)
- Put disposable gloves on when working on models (mandatory).

#### Implemented measures to reduce the risk of Covid 19 transmission

#### Maintaining physical distance when possible

- We have 7 staff members, with a distance between desks or working stations of 6 feet or more. Schedules of staff is staggered not all staff work on the same days on any given day. If they do work all together, we limit and monitor the amount of people per room daily. We have implemented work-from-home for corrections and paperwork for Instructors. As for students 6 feet apart rule, when possible, with the exception of when working on a model.
- We make sure the appropriate number of people are in each area of a workplace to prevent workers from coming too close to one another or members of the public. We have posted occupancy limits in all rooms and locations of our facility.
- Maintaining a distance of 2 metres (6 feet) between workers and others wherever possible, we revise work schedules, organize work tasks, and employing the use of dollies or other aids for work tasks that would typically be done by more than one person.
- We have implemented measures to ensure workers can maintain two metres when serving or working with students and members of the public.

### Where physical distance cannot be maintained we have implemented PPE

 Where and when Physical distance cannot be maintained, we use non-medical masks reusable and washable for personal use and disposables. Disposable gloves, hand sanitizer, and personal face shields that are mandatory.

### Cleaning, disinfecting, and hygiene

- There are 4 hand-washing facilities on site for all workers and students and we have assured the location
  is visible and easily accessed. Everyone entering the facility must wear a mask in high traffic areas or face
  shield and wash their hands, before and after breaks, after handling cash or other materials, before and
  after handling common tools and equipment. We also have hand sanitizers throughout the facility for
  everyones use.
- Wash hands is mandatory after going to the washroom, before and after treating a model, before and after breaks.
- Sanitation disinfectant is done four times a day minimum for all common areas and surfaces, including
  washrooms, equipment, tools, common tables, desks, light switches, and door handles. All individuals
  disinfecting and cleaning have been trained and have the materials and products, bleach solution 500ppm
  and 1000ppm, alcohol 99%, cavi wipes, Lysol disinfectant wipes and spray. Chart for frequency of cleaning
  is located at reception.
- We have removed from our facility coffee makers and shared utensils and plates at this time.

We supply PPE for all our staff and students

Health and Safety First







## **Health and Safety Policies**

# **Health policies / Sick time**

Anyone that comes to All Body Laser sick will immediately be asked to go home and not return till symptoms disappear. A staff member or students will not stay around the facility when sick, there is a zero-tolerance policy.

 As per the provincial health officer and the BCCDC we have implemented the following guidance around self-isolation.

anyone who has had symptoms of COVID-19 in the last 10 days must self-isolate at home; symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat and new muscle aches or headache.

anyone under the direction of the provincial health officer to self-isolate must follow those instructions

anyone who has arrived from outside of Canada, or who is a contact of a confirmed COVID-19 case, to self-isolate for 14 days and monitor for symptoms

- No one will be allowed in the facility at any time sick.
- If someone were to start feeling ill at work / school, staff member please notify Marina Bosnjak, and immediately arrange for a ride home.
- During your self- isolation if you feel better and if the staff member wants, they may work from home on certain work assignments if there are any and permitted by Marina Bosnjak.

## **Communication plans and training**

 Our number one priority for ALL staff, students and customers is health and safety first. All staff and students on their first day of work or class have had the Covid 19 Safety, Health, Sanitation and protective policy training from an appointed staff member.

#### All in reference to BCCDC, WORKSAFEBC, PHO guidelines and policies.

- We have a binder available to everyone so they may review these implemented policies and guidelines.
   We update any changes immediately in the binder and a staff member communicates it to staff and students once the changes are implemented.
- All Main Instructors have been trained and monitor other assistant workers, students and customers to ensure policies and procedures are being followed.
- Policy Binders are found in reception area.

#### PPE AVAILABLE and PROVIDED

- Disposable medical masks
- Plastic face shields reusable
- Disposable gloves
- Hand sanitizer
- Disinfectant solution
- Cavi wipes
- Alcohol 70%
- Alcohol 90%
- Hand soap
- Disposable paper towels
- Disposable kleenex